

## PDIS - KINDERGARTEN

### From the desk of CEO:

Dear Parents,

Welcome to the November and December issue of PDIS Happenings. We hope you had an enjoyable break with your children. Students' Progress Report cards were handed over at the end of the 1<sup>st</sup> term which helped the teachers and parents to stay focused on student learning goals. We are looking forward to our journey ahead as term II is an exciting and busy time in pre-primary. We have successfully completed events like Annual exhibition and Annual sports meet. December is a month of wonderful Christmas activities. Christmas is a time to give and forgive, celebrated everywhere as a joyous family affair. We too, at school celebrate Christmas as a happy time for our students. As the little ones enter a new level of learning, we wish them all the best and hope to see them happy and smiling every day.

Finally we wish you all a happy and holy Christmas followed by a new year of promise and contentment

Thank you,

Dr. VidyaRamgopal.

### Gladiolus (Sr. KG)

COUNSELOR'S COLUMN	HEALTH TIPS	UPCOMING CELEBRATIONS
<p><b>Wonderful Holidays</b> We all love holiday and wait for it. It gives more fun and enjoyment to us and we can do many activities with our kids....</p> <ol style="list-style-type: none"> <li>1) Reading as a fun: Give them any interesting book with lots of pictures. Let them see the pictures.</li> <li>2) Motivate them to play outdoor games. E.g. Cycling, skating, swimming.</li> <li>3) You can do some experiments with your kid. E.g. cooking, some science experiment or allow them to break their toys to join it again.</li> <li>4) You can plan some activity with your kid. E.g. gardening, craft, writing letter.</li> <li>5) Let them plan something like small family get together, or picnic or pot lunch with friends.</li> <li>6) Let them participate in social activity like cleaning society or society garden, watering plants.</li> </ol> <p>So enjoy your Christmas vacation....</p>	<p><b>Here are tips for getting children to eat healthy food and form wise nutritional habits:</b></p> <ol style="list-style-type: none"> <li>1. Avoid placing restrictions on food as it increases the risk your child may develop eating disorders.</li> <li>2. Keep healthy food at hand. Keep fruits in a bowl on the counter, not buried in the crisper section of your fridge.</li> <li>3. Don't label foods as "good" or "bad." Instead, tie foods to the things your child cares about, such as sports or doing well in school.</li> <li>4. Praise healthy choices. Give your children a proud smile &amp; praise when they choose healthy foods such as fruits, vegetables, whole grains, or low-fat dairy.</li> <li>5. Never use food as a reward. This could create weight problems in later life. Instead, reward your children with something physical and fun activities.</li> <li>6. Sit down to family dinners at night. If this isn't a tradition in your home, make it one.</li> </ol>	<p><b>Important Dates to Remember:</b></p> <p><b>Christmas Vacation:</b> 25<sup>th</sup> December to 1<sup>st</sup> January.</p> <p><b>School reopens on</b> <b>2<sup>nd</sup> January 2020.</b></p> <p><b>Black day &amp; Makar Sankranti</b> <b>celebration on 13<sup>th</sup> January 2020.</b></p> <p><b>Talent Hunt 8:</b> 17th January, 2020 – <b>Story Telling in English – Enact a story.</b> (Nursery, JR. KG. and SR.KG).</p>

# SCHOOL SYLLABUS FOR THE MONTH OF NOVEMBER AND DECEMBER 2019

<p style="text-align: center;"><b><u>Numeracy</u></b></p> <ul style="list-style-type: none"> <li>• Rote counting of numbers from 1 to 80.</li> <li>• Number names 1 to 80.</li> <li>• Days of the week.</li> <li>• Before and After Numbers up to 70.</li> <li>• Shape – Rectangle.</li> <li>• Pre – Mathematical concept: “Top”, “Middle” “Bottom” and “Over”, “Under”</li> </ul>	<p style="text-align: center;"><b><u>Physical Development</u></b></p> <ul style="list-style-type: none"> <li>• Body strengthening exercises.</li> <li>• Recreational games.</li> <li>• Straight running.</li> <li>• Drill practice.</li> </ul> <p><b>Sports day practice:</b></p> <ul style="list-style-type: none"> <li>• Theme race</li> <li>• Zigzag race</li> <li>• To and fro walk with partner race.</li> <li>• Running race</li> </ul>	<p><b>Dear Parents,</b> Please note the Home work for Winter Vacation.</p> <p><b>1. <u>English: (CLL):</u></b></p> <ul style="list-style-type: none"> <li>• Read and learn all the spellings of the words with vowel “u” and “oo”, “ee” &amp; “oa” word families.</li> </ul> <p><b>2. <u>Maths</u></b></p> <ul style="list-style-type: none"> <li>• Practice ‘before’ numbers and ‘after’ numbers.</li> <li>• Read &amp; learn the number names from 50 to 80.</li> <li>• Read &amp; learn the spellings of days of the week.</li> </ul> <p><b>3. <u>KUW:</u></b> Read &amp; learn the spellings of body parts, sense organs and their Functions and months of the year.</p>
<p style="text-align: center;"><b><u>Personal, Social and Emotional Development</u></b></p> <ul style="list-style-type: none"> <li>• Care and precautions to be taken during winter season.</li> <li>• Importance of rules and discipline in class.</li> <li>• How to protect our sense organs and how to keep them clean and healthy.</li> <li>• Precautions to be taken to reduce the pollution.</li> <li>• Importance and benefits of planting trees.</li> </ul>	<p style="text-align: center;"><b><u>Communication , Language and Literacy</u></b></p> <p><b><u>Reading and speaking skill :-</u></b></p> <ul style="list-style-type: none"> <li>• Telling the Story of “The Crow and the peacock”. Firefly rhymes book pg. 54.</li> </ul> <p><b><u>Writing skill :-</u></b></p> <ul style="list-style-type: none"> <li>• “ub”, “ug”, “un”, “um”, “up”, “ut”, “uck”, “uff”, “ush”, “unk”, “oo”, “ee”, “oa” word families and rhyming words.</li> <li>• Conversation on Myself – sentences on all about me.</li> <li>• Vocabulary: Parts of plant, body parts and sense organs and months of the year.</li> </ul>	
<p style="text-align: center;"><b><u>Knowledge and Understanding of the World</u></b></p> <ul style="list-style-type: none"> <li>• Plants and their parts</li> <li>• Different types of plants.</li> <li>• Functions of parts of a plant.</li> <li>• What do plants need to grow?</li> <li>• Identifying the parts of our body and their functions.</li> <li>• Sense organs and their functions.</li> <li>• Months of the year.</li> </ul>	<p style="text-align: center;"><b><u>Creative Development</u></b></p> <p style="text-align: center;"><b><u>Art and Craft</u></b></p> <ul style="list-style-type: none"> <li>• Drawing: - Colouring Penguin, fish, fish tank, plant and flower pot.</li> </ul> <p style="text-align: center;"><b><u>Dance</u></b></p> <ul style="list-style-type: none"> <li>• Drill dance Practice for sports day.</li> </ul> <p style="text-align: center;"><b><u>Music</u></b></p> <ul style="list-style-type: none"> <li>• Playing Bass Drum along with Keyboard rhythm.</li> <li>• Christmas songs along with keyboard rhythm.</li> </ul>	



*J. Happy New Year*

